

## HISTORY AND PHYSICAL

Patient Name \_\_\_\_\_ DOB \_\_\_\_\_  
 Chief Complaint/Provisional Diagnosis \_\_\_\_\_  
 History of Present Illness \_\_\_\_\_  
 Allergies: \_\_\_\_\_ Reactions: \_\_\_\_\_

Past pertinent history/chronic diseases impacting procedure planned or anesthesia management  
**(Mandatory: Check all that apply)**

- |   |  |
|---|--|
| <input type="checkbox"/> AIDS/ HIV positive/ARC<br><input type="checkbox"/> Blood Clots/ Emboli<br><input type="checkbox"/> Chest Pain/Angina/MI<br><input type="checkbox"/> Cancer/Solid Tumor (metastatic)<br><input type="checkbox"/> Cancer Chemotherapy (ongoing)<br><input type="checkbox"/> Chronic Dialysis<br><input type="checkbox"/> Convulsions/Epilepsy<br><input type="checkbox"/> COPD/Asthma/Bronchitis/Emphysema<br><input type="checkbox"/> CVA/Stroke/TIA (history of)<br><input type="checkbox"/> Cirrhosis (Hepatic)<br><input type="checkbox"/> Diabetes Mellitus | <input type="checkbox"/> Glaucoma<br><input type="checkbox"/> Heart Surgery/CABG/Pacemaker<br><input type="checkbox"/> Hepatic Failure w/coma or Encephalopathy<br><input type="checkbox"/> Hypertension<br><input type="checkbox"/> Immunosuppression<br><input type="checkbox"/> Ischemic Heart Disease/CHF<br><input type="checkbox"/> Leukemia/AML/CML/Multiple Myeloma<br><input type="checkbox"/> Lymphoma<br><input type="checkbox"/> PVD-Peripheral Vascular Disease<br><input type="checkbox"/> Sleep Apnea<br><input type="checkbox"/> Thyroid Disease |
|---|--|

Pertinent family history: \_\_\_\_\_

Pertinent social history: \_\_\_\_\_

Date of last visit: \_\_\_\_\_ Findings: \_\_\_\_\_

Vital Signs: B/P \_\_\_\_\_ T \_\_\_\_\_ P \_\_\_\_\_ R \_\_\_\_\_ Ht \_\_\_\_\_ Wt \_\_\_\_\_ kg \_\_\_\_\_ lbs

Present Health Status: \_\_\_\_\_

Systematic Review: Code description: x = Abnormality, WNL = within normal limits

System	Code	Description/Status/Abnormal Findings
Cardio-Vascular		
EENT		
Endocrine		
Gastrointestinal		
General		
Locomotor		
Neck		
Neuropsychiatric		
Reproductive		
Respiratory Function		
Skin		
Urinary		

**Patients Name**  
**Surgeon**  
**Patients # and Date**

## HISTORY AND PHYSICAL

For children and adolescents:

**Evaluation of patient's developmental age:** ☐ Age- appropriate ☐ Other \_\_\_\_\_

**Immunization Status:** ☐ Up to Date ☐ Other \_\_\_\_\_

**History of Infection:** ☐ Hepatitis ☐ MRSA ☐ VRE ☐ C-DIFFICLE ☐ ACINETOBACTER ☐ OTHER \_\_\_\_\_

**Medications and dosages:** (including herbal, OTC, and home remedies)

☐ List attached ☐ Medications Reviewed and Reconciled with proposed treatment plan

### Pain Assessment:

Pain associated with condition for which the patient is seeking treatment ☐ YES ☐ NO

Describe: \_\_\_\_\_

Pain Scale 1 2 3 4 5 6 7 8 9 10 (10 being the worst)

**Impressions/Plan** \_\_\_\_\_

☐ The patient has been cleared for surgery in an ASC.

\_\_\_\_\_  
PHYSICIAN SIGNATURE DPM/MD/DO DATE/TIME

\_\_\_\_\_  
ANESTHESIA PRACTITIONER SIGNATURE CRNA DATE/TIME

*\*Original H&P within 30 days of procedure updated day of procedure.*

I have reviewed the H&P performed on \_\_\_\_\_.\*

There ☐ are no changes

☐ are changes, as follows: \_\_\_\_\_

\_\_\_\_\_  
PHYSICIAN SIGNATURE DPM/MD/DO DATE/TIME

**Patients Name  
Surgeon  
Patients # and Date**



# CHARDON SURGERY CENTER

## INSTRUCTIONS BEFORE SURGERY

You have been scheduled for your procedure \_\_\_\_\_ at Chardon Surgery Center.

In order to receive your arrival time and other pertinent information, the Pre/Post Operative Care Unit will contact you the day before your surgery. If your surgery is scheduled for Monday, you will be contacted on Friday. If you have not been contacted by 3:00 PM, please call **Chardon Surgery Center at 440-285-2900.**

We ask that you notify the office/physician of any changes in your condition or health such as fever, cold, rash, etc. For any questions or concerns regarding your procedure, please contact your surgeon at **440-285-2020.**

1. MEDICATIONS To minimize the risk of blood loss during your surgery, you must avoid or stop taking medications that contain aspirin, that are anti-inflammatory medications, or contain blood thinning agents. These should be discontinued 7-10 days prior to your surgery. This includes Vitamins, Herbs and Supplements for they too may contain blood thinning components. If you are taking any blood thinners or insulin, notify your surgeon at the time of your visit; you may need to be evaluated by the prescribing physician prior to your procedure. You may take extra-strength Tylenol and Tylenol based medications such as Darvocet and Vicodin. Blood pressure medications and cholesterol medication may also be continued up to the date of your surgery.
2. PRESCRIPTIONS Bring a list of your current medications; however do not bring any medications with you from home.
3. FOOD Unless you are scheduled for local anesthetic, you will need to be NPO (nothing by mouth) after midnight of the night before your surgery and on the morning of your surgery. If you are a diabetic, please check with us for special instructions.
4. SAFETY If you are receiving anesthesia or sedation for your surgery, you must have a responsible adult drive you home from the Center and remain with you for 24 hours after surgery. **You cannot drive for 24 hours following your procedure.**
5. BATHING A bath or shower should be taken with antibacterial soap the evening before or the morning of surgery. You should wash your hair. No facial makeup should be worn the day of surgery. Body lotions and creams should be avoided as well.
6. CLOTHING Wear a comfortable pair of pants and shirt or blouse with a wide neck opening or button front shirt that is easy to change. All jewelry, watches, and/or valuables should be removed and left at home the day of surgery.
7. APPLIANCES On the day of your surgery, you may wear your dentures and hearing aids, as well as your glasses and contact lenses. Bring your glass or contact case with you.
8. SURGICAL SITE INFECTIONS A surgical site infection is an infection that develops within 30 days after an operation, or, if an implant was placed, within one year and the infection appears to be related to the surgery. In order to help prevent such an occurrence, it is critical that you follow your doctor's orders regarding showering with an antiseptic soap and the taking of pre-operative antibiotics. In addition, post-op orders and general hygienic care such as washing your hands before touching the surgical areas and the taking of post-operative medications as ordered are critical. If you suspect you may have a surgical site infection please notify your surgeon.

PLEASE BRING A PHOTO ID AND YOUR CURRENT INSURANCE CARDS THE DAY OF SURGERY.

Additional Instructions/Comments: \_\_\_\_\_

The center is located outside the main doors of our Chardon office at 150 Seventh Ave, Chardon, Ohio 44024.

**Chardon Surgery Center**

150 Seventh Avenue  
Chardon Ohio, 44024  
Phone: 440-285-2900  
Fax: 440-286-2905

Patient: \_\_\_\_\_ DOB: \_\_\_\_\_

The Patient listed above has been scheduled for:

\_\_\_\_\_  
\_\_\_\_\_

on \_\_\_\_\_ at the *Chardon Surgery Center*.

The patient will need the following tests that are checked below for their scheduled procedure.

**X** **Medical Clearance Letter & History and Physical (attached form)**

\_\_\_\_\_ Cardiac Clearance Letter

\_\_\_\_\_ EKG

\_\_\_\_\_ Chest X-ray

\_\_\_\_\_ CBC

\_\_\_\_\_ BMP

\_\_\_\_\_ Urinalysis

\_\_\_\_\_ PT/PTT/INR

\_\_\_\_\_ Copy of Stress test

\_\_\_\_\_ Other

All requested information and  
testing must be completed **within**  
**30 days** of the scheduled date of  
surgery.

Please fax the results to these tests to our office at **440-286-2905**.

Please feel free to include any additional testing that you may deem necessary.  
Thank you for your assistance.

Ordering Physician:

Ophthalmology & Oculoplastic Surgery, Inc.  
150 Seventh Avenue Suite 100  
Chardon, Ohio 44024  
440-285-2020